



Discipleship of Nonviolence

How-tos

1. How to brainstorm ideas on journeying further into nonviolence:
 - Select a facilitator who is comfortable with the process.
 - Gather representatives of areas of parish life and ministry.
 - Be respectful of the fact that participants will come with different levels of understanding and experience of nonviolence.
 - List the ideas of the group on newsprint.
 - Work toward prioritizing the ideas that have been surfaced.
 - Select a few ideas and assign tasks.
 - Set a date for a future meeting to conduct further discussion and action.
2. How to invite the larger parish community into reflection on nonviolence:
 - Use quotes on nonviolence as fillers in the parish bulletin. See sources cited on *Discipleship of Nonviolence, Links & Resources* pages at www.ParishLife.com.
 - Make copies available, wherever your parish displays flyers and information, of the Parenting for Peace and Justice Network's Family Pledge of Nonviolence and Pax Christi USA's Vow of Nonviolence. (This is included in the downloadable workshop, *Discipleship of Nonviolence* at www.ParishLife.com)
 - Sponsor a Family Peace Day or Night based on the Family Pledge of Nonviolence.
 - Plan to have a speaker present on the topic of nonviolence for the parish community as a whole; you might want to tie this in to anti-violence themes, such as the death penalty, Respect Life month or Domestic Violence month (October).
 - Cosponsor and advertise programs on nonviolence. Check with local retreat houses, spirituality centers, and Catholic universities to see what is already being offered in your area.
 - Advertise the formation of a group dedicated to reflection on nonviolence, and invite interested parishioners to join. Use a reflection process such as RENEW International's *IMPACT: Discipleship of Nonviolence* (available online at <http://www.renewintl.org/Resources/Pages/discimp.html>) or some of the many reflection processes offered through Pax Christi USA.
3. Seek additional information from your parish and/or (arch)diocesan Ministry for Social Justice. Look for opportunities to attend a workshop, bring in a speaker, or offer further study on the topic to parishioners.
4. Contact RENEW International (Mike Fabian: 1232 George St., Plainfield, NJ, 07062-1717; phone: 908-769-5400, ext. 144; fax: 1-908-769-5660; Web site: www.renewintl.org; e-mail: SCCServices@renewintl.org to schedule a speaker to come to your parish to conduct a workshop on nonviolence; or decide to download the workshop *Discipleship of Nonviolence* (www.ParishLife.com) and conduct the workshop yourselves.